



November 2023

Port Wentworth Neighborhood Center



Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:30 Coffee and Newspaper 10 Walk and Weights 11 Would You Rather 12:30 All Souls Day 1 Rummikub	2 9 Words Puzzle 9:45 Tai Chi 10:30 Bingo 12:30 Thanksgiving Centerpieces 1:30 Farkle Dice	3 9:30 Oz Puzzle 10 Morning Meditation 10:30 Site Council 11 Wizard of Oz Day Trivia 1 Phase 10
6 9 Wacky Wordies 9:45 Zumba 10:30 Bingo 12:30 UGA Jackie Ogden 1 Rummikub	7 9:30 Cliché Day 10 Noodles & Stretch 10:30 Trivia 11 Hangman Challenge 1 Jingo	8 9:30 Word Puzzle 10 Walk and Weights 11 Dry Bar Comedy 12:30 Savannah Center for Blind/ Low Vision	9 9 Coffee and Newspaper 9:45 Tai Chi 10:30 Bingo 12:30 Fighting Heartburn 1 Rummikub	10 9:30 Walk The Block 10:30 Honoring Our Veterans 12:30 Ogeechee Canal Museum 1:30 Phase 10
13 9 Word Mining 9:45 Zumba 10:30 Bingo 12:30 Men's Health Issues 1 Phase 10	14 Brown Bag Day 9:30 Coffee and Newspaper 10 Noodles & Stretch 10:30 Skittles Game 1 Rummikub	15 9:30 Crosswords 10 Walk and Weights 10:30 Crosswalk The Musical 11 Grocery Deals 1 Jingo	16 9 Word Puzzle 9:45 Tai Chi 10:30 Dominoes 11:30 Annual Thanksgiving Dinner 1 Farkle Dice	17 9:30 A-maze Your Mind 10 Meditation 11 Lecture Series: "Katherine Hepburn" presented by Debbie Hornsby 1 Rummikub
20 9:45 Zumba 10:30 Bingo 12:30 Show Favorites – What are You Watching? 1 Guess Who	21 9:30 Words Puzzle 10 Noodles & Stretch 10:30 Holiday Wreath Making 1 Farkle Dice	22 9:30 Thanksgiving Brain Bender 10 Walk and Weights 10:30 Trivia 11 Fibonacci Sequence 1 Thanksgiving Traditions	23 CENTER CLOSED 	24 CENTER CLOSED
27 9:45 Zumba 10:30 Bingo 12:30 Melissa Singleton Speaks 1:30 Phase 10	28 9:30 Coffee and Newspaper 10 Noodles and Stretch 10:30 Lizzy Therapy 11 Hangman Challenge 1 Jingo	29 9:30 Words Puzzle 10 Meditation 10:30 Dry Bar Comedy 11 Phase 10 1 Holiday Ornaments	30 9 Crosswords 9:45 Tai Chi 10:30 Bingo 12:30 Family Feud 1 Rummikub	

Kari Wahlquist, Director
Ed Young Senior Center
103 Turnberry Street
Port Wentworth, Georgia 31326
(912) 968-5411
Monday through Friday, 9 a.m. – 2 p.m.
**Activities subject to change*

November Happenings

- 6 – University of Georgia Ext. Jackie Ogden**
- 8 – Savannah Center for Blind/Low Vision**
- 10 – Honoring our Veterans**
- 10 – Ogeechee Canal Museum**
- 14 – Brown Bags for Seniors**
- 16 – Annual Thanksgiving Dinner/ Potluck**
- 17 – “Katherine Hepburn”, presented by Debbie Hornsby**
- 23-24 – CLOSED FOR THANKSGIVING**
- 27 – Melissa Speaks: Health Topics for Seniors**
- 28 – Lizzy the Therapy Dog visit**

November Birthdays

- 17 – Kathryn R.**
- 19 – Bev T.**
- 20 – Christine**
- 22 – Kyle F.**

“You have to participate relentlessly in the manifestation of your own blessings.” — Elizabeth Gilbert

“Gratitude is a powerful catalyst for happiness. It’s the spark that lights a fire of joy in your soul.” — Amy Collette

“When you are grateful, fear disappears and abundance appears.” — Tony Robbins

“Acknowledging the good that you already have in your life is the foundation for all abundance.”

— Eckhart Tolle